



## Oak Ridge HS and Irons JH Pre-Participation Physical Exams

UIL activity participation in Conroe ISD typically requires an annual submission of a physical and athletic participation forms. Due to the COVID-19 pandemic, the UIL and CISD have adjusted these requirements for participation for the 2020-2021 school year. The following procedures are in effect for all athletics, cheerleading, drill team, CISD club sponsored athletic teams incoming grades 7-12 and marching band and ROTC incoming grades 9-12.

- A student who has a cleared UIL physical on file with their CISD campus from the 2019-2020 school year will be required to complete and turn in the 2020-2021 UIL Medical History Form. A detailed explanation is required if any yes answer is indicated and will be subject to possible further medical evaluation before clearance. Any student that did not have a 2019-2020 UIL physical on file with a CISD campus will be required to get a new 2020-2021 UIL physical exam from a physician of their choosing, as well as complete the UIL Medical History form for the 2020-2021 school year and turn it into their Coach, Athletic Trainer, Director, or Sponsor.

**AND**

- In addition to meeting the physical and/or medical history questionnaire requirement above, ALL required participation forms must be submitted before a student participates in any tryout, practice, athletic class, open gym, open weight room, athletic competition, or to travel with a CISD athletic team for any purpose.

Except for the actual physical exam required for some, this process is now entirely online. CISD has moved to an online data platform called SportsWare. Please see the links below for detailed instructions on how to complete the registration procedure and forms completion.

[SportsWare Parent Instructions](#)

[SportsWare Login](#)